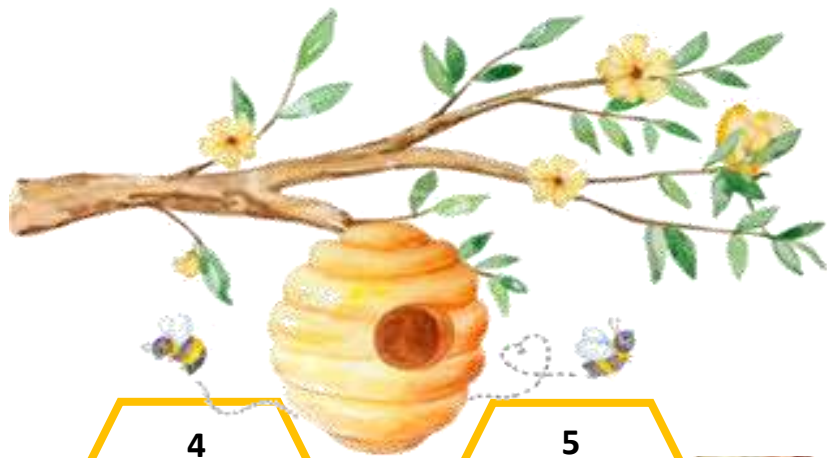




SEPTEMBER

B.I.C. 2



				1 Pop Tarts Orange Juice
4 NO SCHOOL LABOR DAY	5 Pink Concha Apple Crisps	6 Maple Pancake & Chicken Sausage Sandwich Grapes	7 Double Chocolate Chip Bar Bananas	8 Trix Cereal Bar Orange Juice
11 Oatmeal Chocolate Chip Bar Grapes	12 Pepperoni Pizza Pocket Bananas	13 Ultimate Breakfast Round Orange Juice	14 Maple Mini Waffles Apple Slices	15 Banana Muffin Craisins
18 French Toast Bar Orange Juice	19 Beef Sausage Breakfast Sandwich Bananas	20 Mini Cinnamon Snack Waffle Apple-Strawberry Crisps	21 Super Donut Grapes	22 Chunky Monkey Bar Apple Slices
25 Blueberry Muffin Craisins	26 Triple Berry Mini French Toast Apple Slices	27 Apple Cinnamon Bar Grapes	28 Mini Confetti Pancakes Bananas	29 Pop Tarts Orange Juice

BOYD * CASEY * HENRY * KELLEY * KORDYAK * MORGAN * MYERS * SIMPSON * TRAPP * ROCKING HORSE

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

All students will be offered 5 components at lunch: meat/protein, bread/grain, fruit, vegetables, and milk. Students **must** select a ½ cup serving of fruit or vegetable and two other components for lunch. Students may take all 5 components. Milk Options: 1% White Milk or Non-Fat Chocolate.

September Lunch

Adult Price: \$5.50

Menu is Subject to Change without notice.

This Institution is an Equal Opportunity Provider



5
Chicken Corn Dogs
Yogurt & Graham Crackers
Seasoned Black Beans
Romaine Salad
Apples
Ranch Dressing
Catsup
Mustard

6
Teriyaki Beef Dippers w/Rice
Yogurt & Graham Crackers
Romaine Salad
Fresh Broccoli
Bananas
Peaches
Ranch Dressing

7
Green Chicken Pozole w/Chips
Yogurt & Graham Crackers
Shredded Cabbage
Grapes
Lemon Wedges

1
Turkey Gravy
w/Mashed Potatoes & Roll
Yogurt & Graham Crackers
Chocolate Chip Cake
Romaine Salad
Fresh Plums
Ranch Dressing

8
Fish Sticks w/Belly Bears
Yogurt & Graham Crackers
French Fries
Romaine Salad
Fresh Pluots
Catsup
Ranch Dressing

11
Mac & Cheese w/Roll
Yogurt & Graham Crackers
Romaine Salad
Apples
Pears
Ranch Dressing

12
Chicken Sandwich
Yogurt & Graham Crackers
BBQ Beans
Romaine Salad
Grapes
Ranch Dressing
Catsup
Mustard

13
Beef Italian Pasta Bake
Yogurt & Graham Crackers
Romaine Salad
Grape Tomatoes
Bananas
Ranch Dressing

14
Nat'l "Eat a Hoagie" Day
Ham & Cheese Grinder
Yogurt & Graham Crackers
Shredded Lettuce
Orange Wedges
Cool Tropics
Ranch Dressing
Sandwich Spread

15
Combo Burrito
Yogurt & Graham Crackers
Romaine Salad
Jicama Sticks
Peaches
Ranch Dressing
Salsa

18
Nat'l Cheeseburger Day
Cheeseburger
Yogurt & Graham Crackers
Romaine Salad
Celery Sticks
Apples
Ranch Dressing
Catsup
Mustard

19
3-Bean Nachos w/Cheese
Yogurt & Graham Crackers
Romaine Salad
Grapes
Ranch Dressing
Salsa

20
Beef Enchilada
Casserole
Yogurt & Graham Crackers
Seasoned Black Beans
Romaine Salad
Bananas
Ranch Dressing
Catsup
Mustard

21
Roasted Chicken
w/Mashed Potatoes
& Roll
Yogurt & Graham Crackers
Romaine Salad
Carrot Sticks
Raisels
Ranch Dressing

22
Chicken Tenders
w/Chat Snacks
Yogurt & Graham Crackers
Romaine Salad
Zucchini Rounds
Fresh Plums
Ranch Dressing
Catsup

25
Nat'l Quesadilla Day
Quesadilla
Yogurt & Graham Crackers
Seasoned Pinto Beans
Romaine Salad
Apples
Applesauce
Ranch Dressing
Salsa

26
Orange Chicken
w/Chow Mein
Yogurt & Graham Crackers
Romaine Salad
Fresh Broccoli
Grapes
Pears
Ranch Dressing

27
Walking Tacos
Yogurt & Graham Crackers
Shredded Lettuce
Grape Tomatoes
Bananas
Peaches
Salsa

28
Pizza Hut Cheese Pizza
Yogurt & Graham Crackers
Romaine Salad
Baby Carrots
Cool Tropics
Ranch Dressing
Catsup

29
Chicken Fettuccine
Pasta
Yogurt & Graham Crackers
Chocolate Chip Cake
Romaine Salad
Orange Wedges
Ranch Dressing